



S3 Electives April 2022



The purpose of the electives is to introduce personalisation, enjoyment and additional challenge into the curriculum and to ensure that all pupils in S3 have an opportunity to engage in a structured way with a range of additional opportunities. It allows pupils to develop a range of skills including literacy, numeracy, leadership, problem solving and team work, as well as taking responsibility for their own learning. It also provides an opportunity for pupils to be creative and achieve accreditation where appropriate.

Duke of Edinburgh

The Duke of Edinburgh's award is a great way to take part in a variety of activities. Pupils will be introduced to the programme and trained in aspects of the expedition section. In this elective, pupils will

- Develop map work skills including how to relate the natural environment to a map.
- Enhance skills in navigation, following a planned route.
- Learn how to create a route card, including appropriate rest breaks for journeys.
Learn about the camp craft skills required to complete an expedition (cooking, cleaning, camping, health and safety)
- Be given very basic first aid training to allow them to deal with cuts, twists and sprains.
- Learn how to use the electronic Duke of Edinburgh's Award system and how to update award progress.
- Identify a range of activities, which will allow them to pick a programme that is tailored to their individual interests.
- Take part in a variety of activities (arranged by themselves) to complete the skill, physical and volunteering section of the award.



To register for the Duke of Edinburgh Award there is an initial fee of **£25.00**, which covers the cost of registration and the materials used during the elective. Following this, participants must be prepared to give up their own time at evenings and weekends to complete the activities they sign up for. There are four sections: volunteering, physical and skill and expedition. Participants must commit an hour per week to each section (volunteering, physical and skill) over a three-month period and then choose one section to continue for a further three months, committing an hour each week. Once all sections are complete and have been signed off by an appropriate, qualified assessor, your child will be permitted to go on expedition.



Due to the large number of participants that wish to take part in the Award, for your child to take part in the Expedition section, they will have to complete the other three sections of the award (volunteering, physical and skill) in advance. Once they have done this, your child will then be permitted to go on expedition. Expeditions will take place between April and October each year. Each pupil must take part in both a practice and a qualifying expedition to achieve the full award. The cost for this is an additional **~£100.00**. This covers the cost of equipment hire, transport, camping fees, and assessment costs.

John Muir Award

The John Muir Award is an environmental award scheme focused on wild places. It encourages awareness and responsibility for the natural environment. Taking part will develop an understanding of, and responsibility for, a chosen wild place or places.

There are 3 levels of the Award, encouraging a progressive involvement. We are offering the first level, Discovery Award (introductory level).

Four Challenges have to be completed; discover - explore - conserve - share.

	Discover a wild place This is the wild place (or places) on which your Award activity will be focused.		Explore its wildness Experience your wild place, understand and appreciate more about it.
	Conserve Carry out a practical conservation action that will leave it in better shape.		Share your experiences Inspire others by sharing your experiences of wild places.

The award will be achieved through participation in a series of outdoor learning experiences and challenges. Our young learners will gain team work skills, such as planning and decision making; communication skills from sharing experiences and knowledge with a wider audience; a record book to include in their e-portfolio and on successful completion of the award a nationally recognised certificate.

PE- Football Academy

The Football Academy elective will focus on developing football performance and individual organisation and communication skills. Pupils will work through both practical and theoretical workshops to develop their knowledge and understanding of the game. Workshops will include nutrition, player respect and life skills. Pupils will end the elective by organising and carrying out a transition football tournament for our feeder primary schools in partnership with Strathaven Dynamos. Pupils will be responsible for organising teams, matches and refereeing games.



PE- Netball Coaching

The Netball coaching course will help pupils develop the fundamental skills for netball and modified games to support Fun 5z. Pupils will work through both practical and theoretical workshops to develop their knowledge and understanding of the game and basic coaching skills. Pupils will also develop their individual umpiring skills and be given the opportunity to complete the "Introduction to Umpiring" Course at a cost of £10. This will then allow pupils to help umpire friendly games and local festivals.

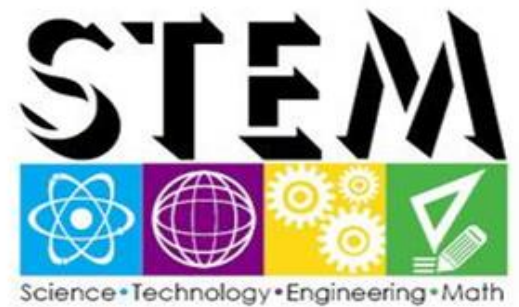


STEM

Through developing skills in STEM (Science, Technology, Engineering and Mathematics), young people will be encouraged to explore the everyday applications of STEM in the world around them.

Engagement with these activities can contribute towards the attainment of a bronze CREST award (There is a registration fee of £5-10 that applies).

Learners will also develop skills which prepare them for their future career pathways and the world of work.



Cycling Elective

The elective will be delivered in two parts - bike skills sessions and bike maintenance sessions.

Bike skills session:

- Will focus on developing bike handling skills and how to use gears and brakes effectively and efficiently.
- Pupils will be taken on short risk assessed routes within the local area. Care will be taken to plan these on off-road/quiet country access roads.
- Local wind farms such as Whitelees & Brown Castle provide excellent training locations.



Bike maintenance session:

- Pupils will learn basic maintenance skills including how to replace an inner tube, repair a broken chain and adjust & repair brake pads.

During this elective pupils will have the opportunity to gain a level 3/4 SQA Bike Maintenance qualification.

Photography

This elective gives pupils the opportunity to build and develop knowledge and understanding of digital photography. Essential technical skills, like composition and framing are taught and pupils are given the opportunity to take photographs indoors and in the local Strathaven area, using digital cameras.

Pupils are also encouraged to use new media and technology (Ipads, Instagram etc.) to enhance their photographic skills. Photographs are enhanced, manipulated and stored using Adobe Photoshop.



Hospitality

This course will combine practical cookery with the opportunity to achieve an Elementary Food Hygiene Certificate. This certificate will help with your employability - careers within the food industry, care industry, mental health and social support industry. Pupils will study food safety, food poisoning, food handlers and personal hygiene, food pests, food safety law and food management systems. Achievement of this certificate is an excellent addition to any curriculum vitae.

Experience in practical cooking will link to food safety. Cooking dishes, using chicken and other raw meats, will enable pupils to see the hazards involved when handling raw meat. Pupils will be encouraged to be creative and adventurous when cooking and tasting new foods. In addition, pupils will learn many of the cookery skills, techniques and processes required to be able to feed themselves healthily. This is an enjoyable and learning-rich part of the course that covers skills such as whisking, blending, folding, rolling, baking, stewing and grilling.



Barista skills

Get involved in the running of 'Café 1905' – Strathaven Academy's Barista service. You will participate in maintaining our online ordering system, including taking customer orders and payment for hot drinks, developing knowledge in customer service, and most importantly – acquiring skills to produce and sell a variety of speciality drinks to serve to our customers, including Americano, Cappuccino, and latte. You will of course sample these as you learn!



iDEA Awards Programme (the digital and enterprise equivalent of The Duke of Edinburgh's Award)

The S3 Business Elective will be offering an online learning opportunity that allows you to enhance your digital literacy skills whilst having fun with your peers.

The Inspiring Digital Enterprise Award, known as iDEA is an international programme that helps learners to develop digital, enterprise and employability skills. In the 2020/21 academic session, S3 pupils will access a series of online challenges to win career-enhancing badges, unlock new opportunities and, ultimately, gain an industry-recognised award known as the Duke of York. S3 pupils can work towards bronze, silver and gold badges in their area of interest. There are online modules designed to suit all learners' interests such as entrepreneurship, citizenship, animation, art, graphic design and game development.



Product Manufacture

The aim of this elective is to provide pupils with the opportunity to be involved in the manufacture of models using a wide range of materials. Pupils will develop metal working skills including filing, shaping, welding & forming and woodworking skills including drilling, shaping & finishing. Pupils will also learn safe working practices in a workshop environment.



Throughout the elective pupils will be working independently and cooperatively developing their team work, ICT and communication skills. The elective will also give them the opportunity to consider the benefits of an apprenticeship.