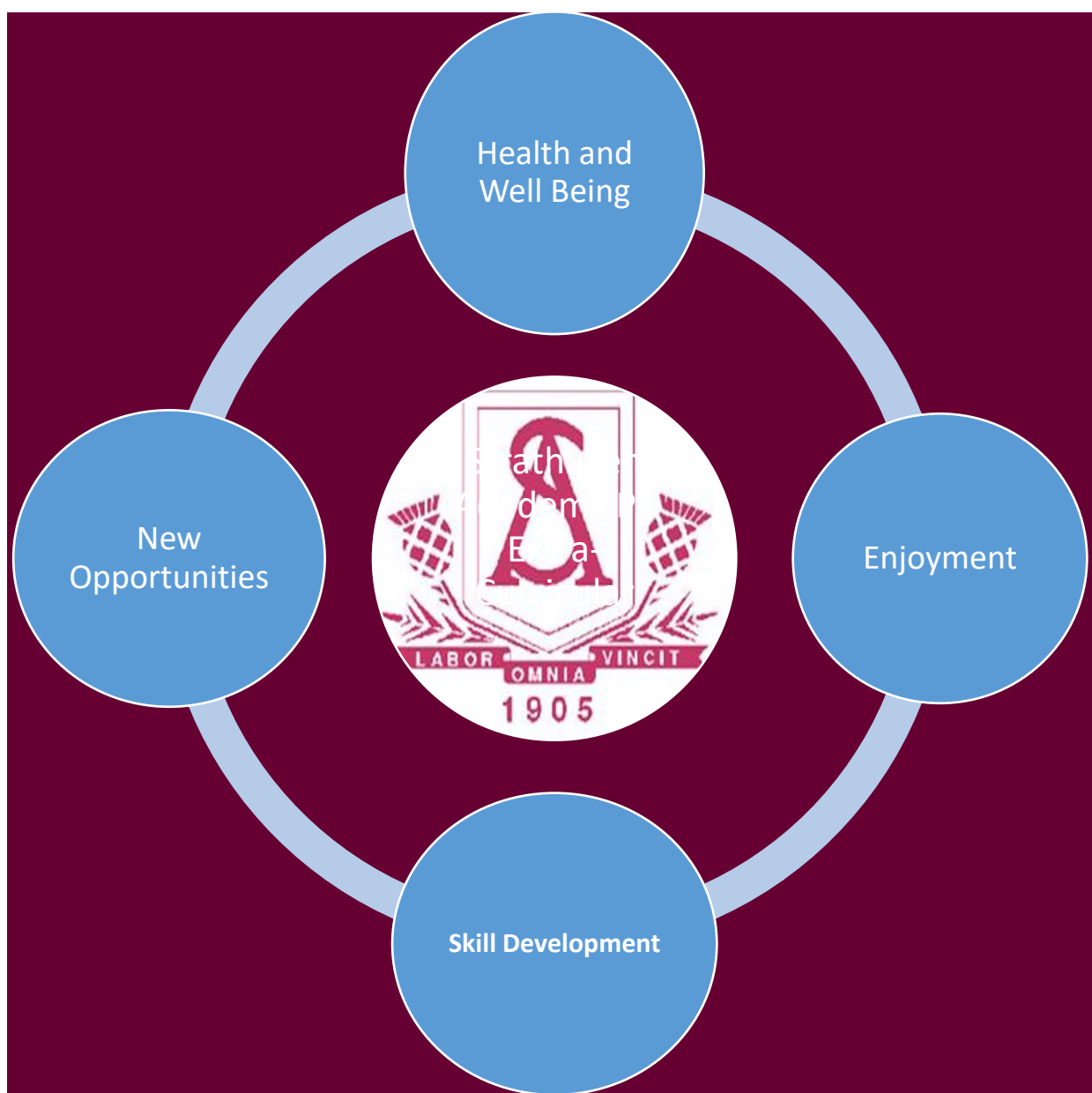


Strathaven Academy

Extra-Curricular Programme

2019-20



Our Programme

Strathaven Academy Physical Education Department provides an excellent extra-curricular programme with the aim of providing all pupils with the opportunity to enjoy sporting activity, both competitive and non-competitive.

As a department, we strive to provide opportunities which develop social, physical, mental and emotional wellbeing as well as developing new sporting skills.

In Strathaven Academy we have a culture of promoting leadership in all aspects of school life; often, older pupils leading younger pupils in various activities. This in turn gives our younger students aspirations to become leaders themselves. Very often pupils' first experience of leadership is through clubs and trips and these skills will be enhanced and developed throughout their school career.

We hope you will take advantage of the many opportunities on offer and would love to hear of any other ideas you have to enhance our programme.

Miss Hamilton

Faculty Head, Physical Education

Strathaven Academy

Lunchtime Clubs

Monday/Tuesday

1.45pm -2.15pm

Wednesday/Thursday/Friday

12.55-1.25pm

	Monday	Tuesday	Wednesday	Thursday	Friday
Games Hall	Dodgeball Miss Hamilton	Handball Miss Hamilton	S1/2 Futsal Miss Somerville	S3/4 Football Miss Hamilton	Volleyball Mr Burns
Gym	Metafit (Staff only) Mrs Juskowiak	Gymnastics club Ms Aird	S1/2 Futsal Miss Somerville	Basketball	Table tennis Miss Hamilton
Fitness Suite	S1-S3	S1-S3	S1-S3	S1-S3	S1-S3
Cage	S1/S2 only	Hockey Miss Somerville	S3/S4 only	S1/S2 only	S3/S4 only
Squash court			Cheerleading Miss Fletcher		

